

TORNEIOS ZONAIS - MASCULINOS								
PROVAS	Infantil B		Infantil A		Juvenil B		Juvenil A	
	2003		2002		2001		2000	
	TAC P50	TAC P25	TAC P50	TAC P25	TAC P50	TAC P25	TAC P50	TAC P25
100L	01:07,83	1:06,50	01:04,26	1:03,00	01:01,27	01:00,07	01:00,15	00:58,97
200L	02:29,43	2:26,50	02:23,00	2:20,20	02:13,38	02:10,76	02:10,93	02:08,36
400L	05:11,10	5:05,00	04:59,37	4:53,50	04:44,13	04:38,55	04:38,91	04:33,44
1500L	20:32,16	20:08,00	19:45,24	19:22,00	19:06,60	18:44,12	18:45,56	18:23,49
4x100L	04:48,66	4:43,00	04:37,44	4:32,00	04:23,53	04:18,37	04:13,66	04:08,68
4x200L	10:32,40	10:20,00	10:05,88	9:54,00	09:33,85	09:22,60	09:13,06	09:02,21
100C	01:18,54	1:17,00	01:14,15	1:12,70	01:09,85	01:08,48	01:08,57	01:07,23
200C	02:48,30	2:45,00	02:39,12	2:36,00	02:30,95	02:27,99	02:28,18	02:25,28
100B	01:30,12	1:27,50	01:24,46	1:22,00	01:17,81	01:15,54	01:16,38	01:14,16
200B	03:14,67	3:09,00	03:04,37	2:59,00	02:49,20	02:44,27	02:46,10	02:41,26
100M	01:19,83	1:17,50	01:14,78	1:12,60	01:08,26	01:06,27	01:07,04	01:05,09
200M	02:55,10	2:50,00	02:46,34	2:41,50	02:33,49	02:29,02	02:30,75	02:26,36
200E	02:48,30	2:45,00	02:41,16	2:38,00	02:33,84	02:30,83	02:31,02	02:28,06
400E	05:57,00	5:50,00	05:41,70	5:35,00	05:25,33	05:18,95	05:19,36	05:13,10
4x100E	05:32,52	5:26,00	05:13,14	5:07,00	04:57,32	04:51,49	04:45,89	04:40,28

TORNEIOS ZONAIS - FEMININOS								
PROVAS	Infantil B		Infantil A		Juvenil B		Juvenil A	
	2004		2003		2002		2001	
	TAC P50	TAC P25	TAC P50	TAC P25	TAC P50	TAC P25	TAC P50	TAC P25
100L	01:14,46	1:13,00	01:11,40	1:10,00	01:08,31	01:06,98	01:06,40	01:05,10
200L	02:41,16	2:38,00	02:34,02	2:31,00	02:28,13	02:25,23	02:23,98	02:21,16
400L	05:38,64	5:32,00	05:22,83	5:16,50	05:12,05	05:05,93	05:03,30	04:57,35
800L	11:49,92	11:36,00	10:57,90	10:45,00	10:39,59	10:27,05	10:21,66	10:09,47
4x100L	05:16,20	5:10,00	05:03,96	4:58,00	04:42,25	04:36,71	04:37,05	04:31,62
4x200L	11:19,32	11:06,00	10:38,01	10:25,50	10:11,28	09:59,29	10:00,36	09:48,59
100C	01:25,68	1:24,00	01:20,07	1:18,50	01:17,45	01:15,93	01:15,28	01:13,80
200C	03:03,60	3:00,00	02:53,40	2:50,00	02:46,41	02:43,15	02:41,75	02:38,58
100B	01:37,85	1:35,00	01:33,21	1:30,50	01:27,10	01:24,57	01:25,48	01:22,99
200B	03:28,06	3:22,00	03:20,34	3:14,50	03:08,03	03:02,55	03:04,52	02:59,14
100M	01:27,55	1:25,00	01:22,40	1:20,00	01:14,88	01:12,70	01:13,48	01:11,34
200M	03:14,67	3:09,00	03:02,31	2:57,00	02:44,40	02:39,61	02:41,33	02:36,63
200E	03:03,60	3:00,00	02:55,44	2:52,00	02:46,97	02:43,70	02:42,29	02:39,11
400E	06:30,66	6:23,00	06:10,77	6:03,50	05:54,08	05:47,14	05:44,16	05:37,41
4x100E	06:00,06	5:53,00	05:43,74	5:37,00	05:22,27	05:15,95	05:15,51	05:09,33